



# Health Care Navigation

**Navigating Canada's complex healthcare system isn't easy. Whether you or an eligible dependent needs support managing a chronic illness, diagnosis, treatment or rehabilitation, Compass Health Care Navigation is here to assist you every step of the way.**

## **Find a coach to support you in your journey back to health**

Taking care of your health is easier when you have an advocate on your side. Connect with a nurse navigator who knows the healthcare system inside and out and can act as your single point of contact to help ensure you receive the care you need, when you need it, from the right care provider.

Compass Health Care Navigation is the only service of its kind in Canada. Working in collaboration with the Cleveland Clinic, this organization can assist you in the following ways:

- Arrange doctor-to-doctor consults to help achieve greater clarity in the event you've received a second opinion
- Facilitate in-depth assessments of treatment plans and options recommended by your treating physicians to ensure these are consistent with medical best practices

- Help you explore and understand your options when it comes to tests and treatments
- Facilitate diagnostic tests, treatments and clinical trials
- Point you towards alternate treatment locations, if and when desired or needed
- Provide you with support through ongoing coaching

To connect with a nurse navigator and/or learn more about the ways Compass Health Care Navigation can dramatically improve the overall quality of care, recovery and outcomes for you and your loved ones, call **1-866-883-5956**.